

## Preparation Instructions

**Important: Powdered infant formula is not sterile. Infant formula should be prepared immediately prior to feeding.**

**The health of your infant depends on carefully following the directions for preparation and use. Incorrect preparation can make your baby ill.**

- 1 Wash hands thoroughly and clean preparation area. Sterilise bottles and teats.
- 2 Boil fresh water and allow to cool for about 30 minutes. Pour the required amount of water into a sterilised feeding bottle.
- 3 Fill the scoop provided with NEOCATE and level off with a clean, dry knife. Do not press the powder into the scoop. Only use the scoop provided.
- 4 Add the prescribed number of scoops of NEOCATE to the water. Replace the cap on the bottle and shake until the powder dissolves. Before feeding, ensure that the formula is at the correct temperature by placing a few drops on your wrist. Shake or stir formula immediately before use. If necessary, cool the feed by running the bottle under cold water.
- 5 Do not boil formula and do not use a microwave oven to prepare or warm formula.
- 6 Formula remaining in the bottle after one hour of feeding should be discarded. Formula must not be re-warmed during feeding.



## What to expect when your baby is on NEOCATE

### Green stools

- This is perfectly normal in infants taking NEOCATE. It is due to the way NEOCATE is digested.

### Wind

- Initially your baby may have more wind while taking NEOCATE. This is to be expected and should settle. It is just your baby's body getting used to digesting NEOCATE.

### Increased appetite

- Your baby may start taking larger amounts of NEOCATE once their symptoms have resolved. This is to be expected, especially if your baby is underweight for his/her age. Your baby is now able to digest the formula properly and will take extra formula to catch up on their growth. Continue to feed on demand. Clinical studies have shown that infants taking NEOCATE grow very well.<sup>1</sup>

1. Isolauri E et al. J Paediatr 1995; 127:550-557.

## Weaning

When your baby is being weaned onto solid foods, NEOCATE can be used in the 3 stages of weaning foods – smooth, lumpy and finger food.

To obtain a free copy of the NEOCATE Weaning Guide with a selection of recipes, Freephone 1800 923 404 (ROI) or 0800 7834379 (NI).



## After one year

After your baby reaches the age of one year, there are follow-on NEOCATE products available; NEOCATE ACTIVE and NEOCATE ADVANCE. For further information on these, please Freephone 1800 923 404 (ROI) or 0800 7834379 (NI).



Block 1, Deansgrange Business Park, Deansgrange, Co. Dublin, Ireland.  
Tel: +353 (0) 1 289 0283

[www.neocate.ie](http://www.neocate.ie)

[www.actagainstallergy.ie](http://www.actagainstallergy.ie)

**FOR MORE INFORMATION FREEPHONE:  
ROI - 1800 923 404 | NI - 0800 7834379**

# Guide for Parents

NEOCATE - see the difference in 3 -14 days



## What is NEOCATE?

NEOCATE can be described as an infant formula, infant feed, or more commonly, baby milk. NEOCATE is used to treat the symptoms of cows' milk allergy and multiple food protein intolerances. NEOCATE provides all the nutrition your baby needs to grow. The one big difference between NEOCATE and other baby milks is that NEOCATE is based on amino acids. Amino acids are the building blocks of protein. The amino acids in NEOCATE are easy for your baby to digest and should alleviate your baby's symptoms.



## Why has my baby been prescribed NEOCATE?

NEOCATE has been prescribed by your Doctor or Dietitian because your baby has shown signs of allergy and it is considered the best choice of feed for treating your child. NEOCATE has been used safely and effectively for 25 years to treat infants and has had extensive clinical testing. Doctors and Dietitians have used it all over the world to successfully treat thousands of babies similar to yours.

## What are LCPs?

NEOCATE contains LCPs. LCPs are Long Chain Polyunsaturated fatty acids. These are vital for the healthy development of your baby's brain, eyes and nervous system. The levels of these important LCPs in NEOCATE closely match those found in breastmilk and meet international guidelines for LCPs in infant formula.

## I have a prescription for NEOCATE. How much will it cost?

### Republic of Ireland

1. If you have a medical card, you can obtain NEOCATE free of charge from your pharmacy.
2. If you do not have a Medical Card, you can avail of the Drugs Payment Scheme (DPS) to obtain NEOCATE. Application forms are available from your pharmacist, local health office or [www.hse.ie](http://www.hse.ie).

The Health Service Executive (HSE) will send your Drugs Payment Scheme Card. By using the card and attending the same pharmacy in any month, you will pay a maximum of €120\* per month for prescriptions for the family.

3. If you do not have a medical card and do not wish to subscribe to the DPS, you can pay for the prescription at the pharmacy and obtain a tax refund from the Revenue Commissioners by using a MED 1 form at the end of the year.

\* This amount was correct at time of printing but is subject to change. Check with your pharmacist for more information.

### Northern Ireland

You can obtain the product from your pharmacist by paying the standard prescription fee.

## When first using NEOCATE

- When you first open a tin of NEOCATE, you may notice that it has a unique smell. This is perfectly normal and is due to the special ingredients used to make NEOCATE.
- When you make up NEOCATE, always follow the instructions on the tin unless you have been instructed otherwise by your Doctor/ Dietitian. NEOCATE can appear less "milky" than other infant formulas. Do not add extra NEOCATE to change the appearance. This is how it is supposed to look and again is due to the special ingredients.

- NEOCATE will also taste different. This is completely normal. Remember that NEOCATE has been taken by thousands of babies all over the world. Also, babies have a very different sense of taste to adults as they have not tasted all the foods that adults have.
- Do not add anything to NEOCATE without consulting your baby's Doctor or Dietitian.

## Before using NEOCATE

**The suggestions below are to be used in addition to the mixing instructions found on the following page and on the tin of NEOCATE. They are designed to help you when making and storing NEOCATE.**

- Ideally NEOCATE should be made up as needed and consumed immediately.
- Before using NEOCATE, make sure that all your utensils (i.e. bottles, steriliser, teats, etc) are thoroughly washed and sterilised. This is especially important if they have previously been used to make up another infant formula.

- If you have any of your baby's previous infant formula left, this should be put away or preferably discarded.
- Try to keep all the utensils you use for making up NEOCATE separate and do not use them for anything else.
- When cleaning your baby's bottles after using NEOCATE, it is easiest to use a steam steriliser. If you do not have one, bottles are easier to clean if washed in a solution of sodium bicarbonate (available in the baking section of any supermarket) before rinsing thoroughly and then sterilising as normal.
- Always use the scoop provided inside the tin of NEOCATE. The scoop may settle into the powder, but can be easily located using a clean, dry knife. Do not use your hand.
- If you have difficulty starting your baby on NEOCATE, it is likely to be due to your baby having learnt to associate feeding with unpleasant symptoms rather than a taste issue. This problem should resolve as NEOCATE starts to improve your baby's symptoms.

## Feeding Guidelines

Approx. age of baby	Approx. weight of baby		To prepare one feed		Feeds in 24 hours	
			Level scoops of NEOCATE	Cooled, boiled water		
	kg	lb	ml	fl oz		
Birth	3.5	7.75	3	90	3	6
3 Months	6	13.25	4	120	4	6
4-6 Months	7.5	16.5	6	180	6	5
7-9 Months	8.5	18.75	7	210	7	5
10-12 Months	9.5	21	8	240	8	5